

February 2024

## STANTON NEWS

Fox Lake Grade School District 114 101 Hawthorne Lane Fox Lake, IL 60020 847-973-4200 www.d114.org

From the desk of Mr. Sefcik and Mrs. Peters...
It is hard to believe we are already more than halfway through the school year. We encourage all families to log into Skyward Family Access regularly to stay informed about your child's academic progress. We also urge students to take advantage of After School Homework Club to complete homework assignments, catch up on any missing work, and get extra academic support. After School Homework Club is a great resource and free to all Stanton students. It is open every Monday, Tuesday, Thursday, and Friday from 3:10-4:30 and students can take the late activity bus home at 4:30.

Being in school every day matters. We can't reiterate enough how important it is for students to come to school every day if they are not truly sick. Regular attendance is not only crucial for academic success but for learning to build social skills. Moreover, punctual attendance cultivates a strong work ethic, preparing students for future responsibilities and commitments.

Students in $3^{\text {rd }}-8^{\text {th }}$ grades will take The Illinois Assessment of Readiness (IAR) again this year. The testing window is March 5-8. Students in $5^{\text {th }}$ and $8^{\text {th }}$ grade will also take the Illinois Science Assessment Test (ISA) March 18-22. We will share more information with you soon.

All students were issued school locks for their hallway and PE lockers in the beginning of the year. Students are encouraged to keep their personal items locked in their lockers. Sorry, but we cannot be responsible for any lost or missing items. If your child lost their lock, there is a $\$ 5.00$ replacement fee.

The final day to order a 2023-2024 Stanton yearbook is Friday, March 22. See page 13 for easy ways to order. Yearbooks are $\$ 20.00$.

As always, we appreciate your support and partnership.

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$8^{\text {th }}$ Grade Dates

Yearbook Order
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Red Letter Days:
2/4 PTA's Skating Party 3:30-5:30

2/5 BPAC Meeting
2/8 PTA Meeting
2/9 Valentine's
Dance and Open
Gym $6^{\text {th- }} 8^{\text {th }}$ grades
2/16 Teacher Institute Day-No
Student Attendance
2/19 President's
Day-No School
2/20 Board of
Education Meeting 7:00 at Lotus


Congratulations to the students who earned Superfecta for the $1^{\text {st }}$ Trimester in Physical Education. To earn the title and $t$-shirt, students had to achieve an excellent in all four categories of Fitness Testing. The categories are flexibility, muscular endurance, cardiovascular endurance, and muscular strength. Pictured above: (front row left to right) Ethan Marsala, Cain Ramirez, Amalia Hamner, and Kaden Filiatreault. (back row left to right) Kevin Patterson and Devin Goins.

All $6^{\text {th }}$ grade students are required to have a dental exam. Please turn in a proof of dental exam dated within the last year. Dental forms can be found on our website d114.org. If you have any questions contact Nurse Lora Viers at lora.viers@foxlake114.org or 847-973-4241.


7 th Grade Team: Kylie Burkhardt, Jessica Castro, Natalie Garcia, Amalia Hamner, Alexis Jewell, Elizha Poierier, Aurora Sampsel, Alaina Schuerr, Amaryah Ward, and Ashlei Whitmer. Coached by Mr. PerIman
$8^{\text {th }}$ Grade Team: Jayde Battelini, Alani Carlin, Sophia Carr, Aaliyan FieldS, Alivia GrierSon, Melinda Howard, Natalie Kusek, Jilliana McAlpin-Favela, A thena Roman, and Kelsie Simmons. Coached by Mrs. Wydzierzecki

Tryouts are open to all Stanton students with a current physical on file.



VAIINIINI'S DAY DANCI \& 0 OPIN GYM 6-8 GRADIS ONIY [RIDAY, IIBRUARY 9 7:00-8:30


## \$3.00 ADMISSION

(INCIUDIS PIZZA SIICE, CHIPS, POP)
(Students must met eligibility guidelines to attend)

Eligibility Guidelines:

- No F's or 1's.
- Must be in school all day on February 9.



## Local Author Visits Stanton

Award winning author Tim Shoemaker took time from his busy schedule to visit with the $5^{\text {th }}$ grade students. Tim loves writing contemporary mystery, adventure, and suspense books for the youth and has a combined total of over twenty fiction and non-fiction books. The three books pictured on the right are his most popular among middle school students. During his presentation, Tim spoke about the power of fiction, how he started writing, and the process he goes through when writing a book. The students were interested in learning the benefits of learning to write, even if they never plan to be writer. Stanton's librarian, Mrs. Cwiak, added, "Tim knows how to get kids interested in reading. He has written many books where kids find themselves in difficult situations because they didn't confide in a trusted adult." The students also had the opportunity to ask Mr. Shoemaker questions about being an author.

## Day of Service Dollars at Work



What is the Illinois Youth Survey? Your child is being asked to participate in a voluntary survey called the Illinois Youth Survey, the purpose of which is to better understand Illinois youth risk and protective behaviors as they relate to students and their success. Participation will involve completing a survey (with no names or identification numbers) that will be confidentially administered by a trained staff member. Your child's participation will last no more than one class period. Risks related to participating are minimal, but some questions ask about sensitive topics and personal behavior that might make some students feel uncomfortable. Examples of potentially sensitive topics include questions about substance use, bullying, dating violence, school climate, and screen time. The benefits related to this research include improving your community's ability to develop programs and strategies to prevent youth problem behaviors and enhance youth development. The alternative to participating in the survey is an alternate activity such as quiet reading in the classroom.

Why is your child being asked to Participate? District 114 is working with Center for Prevention Research and Development at the University of Illinois to conduct the Illinois Youth Survey. Your child has been asked to participate because he or she is a student in middle school in Illinois. Approximately 230,000 student participants will take this survey in the spring of 2024. Your child's participation is voluntary. You and your child's decision whether or not to participate with not affect your or your child's current or future dealings with your child's school or with the University of Illinois. If you decide your child can participate, you or your child are free to withdraw at any time without affecting those relationships.

What Procedures are Involved? The study involves completing a survey (with no names or identification numbers) that will be confidentially administered by student staff. The survey will take place in a regular classroom and will be taken either online or on paper. The survey will be completed in one class period. Participation is voluntary and their answers to the survey questions will not be linked to them.

What are the benefits to participating in the research? The results of the survey may improve your school's or community's ability to develop programs and strategies to prevent youth problem behaviors and enhance youth development.

What other options are there? You have the option to refuse your child's participation in the survey. If you do not want your child to participate, he or she will be asked to participate in an alternate activity such as quiet reading. Contact the school office to opt out of the survey.

## MrUMNID <br> YOOTLIGII




NJHS members left to right: Kelsie Simmons and Anne Martin

National Random Acts of Kindness Day is celebrated every February 17. It is a celebration to make the world a little brighter and better through little and simple kind gestures, words, and actions. Stanton's NJHS did just that by hosting Cards for Senior Citizens.

During lunch periods, students had the opportunity to make a Valentine's Day card for local senior citizens. The cards help spread hope, joy, and lift the spirits of our senior citizens. Thank you NJHS for helping kindness the norm.



## 

FEBRUARY 2, 2024: GCHS ONLINE REGISTRATION WINDOW CLOSES
FEBRUARY 7, 2024: PROMOTION PICTURE ORDERS DUE
FEBRUARY 8, 2024: PROMOTION PICTURE RETAKES
MARCH 22, 2024: LAST DAY TO ORDER A STANTON YEARBOOK
APRIL 10, 2024: GCHS ACTIVITY AND ATHLETIC FAIR NIGHT 7:00-8:00

## APRIL 12, 2024: \$10.00 DINNER DANCE DEPOSIT DUE

MAY 20, 2024: CLASS DAY TRIP
Organized by the $8^{\text {th }}$ Grade Teaching Staff. Stay tuned for details.
MAY 21, 2024: $\mathbf{8}^{\text {TH }}$ GRADE DINNER DANCE AT MARAVELA'S 6:00-8:30.
$\$ 10.00$ payment required.

## MAY 22, 2024: PROMOTION CEREMONY

The ceremony is at Grant Community High School at 7:00pm. Doors open at 6:15. There are no tickets or a limit to the number of guests who can attend.


$$
\begin{gathered}
\text { SPAC } \\
\text { JOIN US ON } \\
\text { MONDAY, FEBRUARY 5, } 2024 \\
\text { 7:OO PM - 8:OO PM } \\
\text { LOTUS SCHOOL LIBRARY }
\end{gathered}
$$

Bring your idea's as we begin planning for our Multi-Cultural Event
Childcare will be provided FREE
If you have any questions, please contact Yesenia Flory at (847)973-4000

## REUNION DE BPAC

BPAC
Bilingual Parent Advisory Committee

CuANDO: Lunes, Febrero 5, 2024 HORA: 7:00 pm - 8:00 pm
Donde: Lotus School Library

Comparte tus ideas con nosotros para planear nuestro evento multicultural

El cuidado de niños se proporcionará GRATIS
Sit iene alguna pregunta, comuníquese con Yesenia Flory al (847) 973-4000


Stanton's Student Council is about many things; leadership, involvement, school spirit, and most importantly community service and outreach. Each month council members choose a way to impact the community of Fox Lake and beyond. In January, Student Council went to Feed My Starving Children in Libertyville and according to Student Council advisor, Mrs. Livesay, "We wanted to make a difference to kids who do not have adequate meals to eat. We were able to make and pack enough food for
 23 children to be able to eat for an entire year. Mrs. Leazer and I are beyond proud of the 31 students who volunteered to help make a difference in the lives of another. Special shout out to the amazing chaperones who took time away from their busy day to help." The food will be shipped in boxes and sent to underprivileged areas around the world.

## 

Your child will require a new Health Physical as they enter into $6^{\text {th }}$ grade. Please plan ahead and make a physical appointment to occur ON or AFTER THEIR $11^{\text {th }}$ BIRTHDAY. It's a great idea to make an appointment NOW for this spring or summer to be valid for $6^{\text {th }}$ grade. There must also be documentation of receipt of the 2 required 11 year old vaccines-Tdap and MCV4 (Meningitis). Please do not wait to schedule these appointments because physical appointments tend to fill up fast as we approach August. Delaying your appointment could put your child at risk of school exclusion in the fall of 2024.

## 



Blending sport with culture and education, each year the PE teachers, Mr. Carvell and Mrs. Smeigh host an Olympics unit. The students in $6^{\text {th }}-8^{\text {th }}$ grade represent 13 different countries and participate in friendly Olympic game competitions. During the unit, students earn gold, silver, and bronze medals for each game culminating with a closing ceremonies activity. Mrs. Smeigh added, "The kids really enjoy the Olympics unit and it's always exciting when it's dance day. I love watching the students work together as a team and use their creativity to choreograph a short dance they perform during class.
The students earn points based on the rubric and the top three countries in each grade level earn medals." Sixth grader Noah Brandon, said, "My country is Brazil and working with my teammates and doing our dance was super cool. I love the Olympics in PE and I can't wait for track tag."

## 



Scholastic Bowl 2024 is underway and the team looks forward to a successful season.
Pictured left to right: Mr. Landmesser, Brooke Hopp, Taryn Bryant, Layla Santos, Katarina Linquist, Aurora Ashpaugh, Austin

Carr, Brynn Noeller.
Back Row: Mrs. Kretz.
Not pictured: Cooper Michals.

## 2 EAsY WAYs TO ORDER!

1. Complete the bottom portion of this flyer and return it to the school office with cash or a check made payable to Stanton School for \$20.00.
2.Log into Skyward Click Fee Management Add a Fee
Scroll Down to Optional Fees
Click Add Stanton Yearbook 23-24
Check Out (Must be paid for at time of ordering)


Student Name: $\qquad$ Grade: $\qquad$

Number of yearbooks ordered: $\qquad$ Community Building Teacher: $\qquad$
Thuses $n$ the exciting world of $7^{\text {th }}$ Grade Science, students recently delved into biology through a hands-on frog dissection. This experience provided an opportunity for the students to explore the intricacies of amphibian anatomy, while focusing on the digestive system. To build background information the students needed leading up to the frog dissection lab, the students played a domino game. $7^{\text {th }}$ grade Science teacher Mrs. Brnot said, "The domino game is a card sort activity where the students match the question ends of the cards with the answer end of the next card. It is used to build on vocabulary, specific organs, functions of body systems, and to identify which interacting body systems are responsible for complex processed in the body. The kids love playing this interactive learning game.

## FLSD 114 PTA PRESENTS: FAMHLY FUN FAIR

Saturday, Feb 24th, 2024 | 11 AM to 3 PM Lotus School Gymnasium

JOIN US FOR LOTS OF FUN INCLUDING GAMES, PRIZES, PHOTO BOOTH, BOOK FAIR, FOOD, AND MORE!!


Use the Events Entrance. All students must be accompanied by an adult.


## An Important Letter for all $6^{\text {th }}, 7^{\text {th }}$, and $8^{\text {th }}$ Grade Families from the Social Worker and School Counselor



January 30, 2024

Dear Stanton Parent(s)/Guardian(s),

This year school staff are working to teach students about mental health and how to seek help if they are worried about themselves or a friend. We are using a program called SOS Signs of Suicide. The program teaches students about this difficult topic and encourages them to seek help.

SOS has been used by thousands of schools for over 20 years. Studies have shown that it effectively teaches students about depression and suicide while reducing the number of students' self-reported suicide attempts.

Presentations will take place the week of February 5th during the second period.
Monday, 2/5/24 - All 6th Grade classes, Mrs. Brnot, Mrs. Culbertson
Thursday, 2/8/24 - All 8th Grade classes, Mrs. Andersen, Ms. Curtis
Through the program, students learn:

- that depression is treatable, so they are encouraged to seek help
- how to identify depression and potential suicide risk in themselves or a friend
- to ACT (Acknowledge, Care, and Tell a trusted adult) if concerned about themselves or a friend
- who they can turn to at school for help

Students will watch an age-appropriate video clip about depression, suicide, and what to do if they are concerned about a friend. Following the video, students will complete a brief depression screening form (Click Here for Screener Questions). This form cannot provide a diagnosis of depression but does indicate whether a young person should seek help from a mental health professional.

At the end of the screener, students will be asked whether they would like to talk to an adult about any concerns. School staff will conduct brief meetings with any student asking to talk.

We encourage you to visit www.mindwise.org/parents for information on warning signs for youth suicide, useful resources, and some of the key messages students will learn.

We are including:

- A youth suicide prevention handout
- Suicide and Crisis Lifeline- Text/Chat/Call 988
- Alexian Brothers Behavioral Health-1-800-432-5005
- SASS (Screening, Assessment, and Support Service)- 1-800-345-9049
- Nicasa-1-847-546-6450
- (Click here for additional resources.)

If you would like to opt your child out of the Suicide Prevention presentation please fill out this google form. Make sure to complete the survey by the end of the day on February 2, 2024.

If you have any questions or concerns about your child's participation in this program please contact Mrs. Mack, School Social Worker at kimberly.mack@foxlake114.org or our school counselor Mrs. Reimers at
meghan.reimers@foxlake114.org.

| Fox Lake District 114 Stanton Breakfast Menu February 2024 |  |  |  |  | Served Daily <br> Choice of cold, <br> refreshing milk. <br> 1\% White or Fat Free <br> WG Cereal Choices: <br> Kellogg's Assorted Flavors <br> (100\%) Juice <br> Choices: <br> Apple, Grape, <br> Orange and Fruit Punch, <br> Fresh Fruit: <br> Gala, Red and Golden <br> Apples, Bananas, Oranges <br> Yogurt Flavors: <br> Strawberry, Blueberry, Peach, <br> Banana-Strawberry <br> Granola Bar <br> Cereal Bar <br> Oatmeal Bar <br> -There will always be a <br> second serving of fruit <br> available that the <br> student can take- <br> Any questions or concerns <br> Please Call <br> Georgette at 847-973-4220 <br> Menus are subject to change <br> without notice. |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |  |
|  |  |  | $1$ <br> Poptarts <br> Fresh Fruit or Juice Milk | Surprise Breakfast Sack <br> Fresh Fruit or Juice Milk |  |
| $\stackrel{5}{5}$ Cinnamon Pretzel Stick Fresh Fruit or Juice Milk | ```6 Blueberry Donut holes Fresh Fruit or Juice Milk``` | $\stackrel{7}{\text { Banana Bread Slice }}$ <br> Fresh Fruit or Juice Milk | 8 Parfait Fresh Fruit or Juice Milk | $\quad 9$ Surprise Breakfast Sack Fresh Fruit or Juice Milk |  |
| 12 <br> Mini Confetti Pancakes (3.3 oz) <br> Fresh Fruit or Juice Milk | 13 <br> General Mills Cereal Bowl(2 oz) Fresh Fruit or Juice Milk | 14 <br> Vanilla Goldfish Graham Strawberry Chex mix Fresh Fruit or Juice Milk | 15 <br> Double Chocolate Muffin <br> Oatmeal Bar <br> Fresh Fruit or Juice Milk | $16$ <br> Teacher Institute Day |  |
|  | 20 Poptarts Fruit or Jucie Milk | 21 Powder sugar Donut Holes Fresh Fruit or Juice Milk | 22 <br> Banana Muffin Oatmeal Bar Fresh Fruit or Juice Milk | $23$ <br> Surprise Breakfast Sack Fresh Fruit or Juice Milk |  |
| 26 General Mills Cereal Bowl(2 oz) Fresh Fruit or Juice Milk | 37 <br> Donut Pullapart <br> Fresh Fruit or Juice <br> Milk | 28 Lemon Bread Sliced Fresh Fruit or Juice Milk | 29 Mini Waffles Fresh Fruit or Juice Milk |  |  |


| Fox Lake District 114 Stanton Lunch Menu February 2024 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday | Served Daily <br> Choice of cold, refreshing milk. Varieties: 1\% White, Skim Chocolate |
|  |  |  | 1 <br> Double Cheeseburger Oven Fries Pickle Spear Sidekick Slushy | 2 <br> Pepperoni Pizza Romaine Salad Baby Carrots Pineapple Tidbits |  |
| 5 Breaded Mozzarella Sticks Green Beans Mango Splash Juice Box Peach Cup | 6 <br> Teriyaki Meatballs Fried Rice Steamed Broccoli and carrots Applesauce Cup | 7 <br> Wing-Day Wednesday! <br> Oven Fries <br> Carrot Sticks <br> Celery Sticks <br> Banana | 8 <br> Soft Pretzel with Cheese Cup Cucumber Slices Mini Peppers Sidekick Slushy | 9 <br> Cheese Pizza <br> Romaine Salad Cherry Tomatoes Pear cup | Lunch Daily Choices: <br> Salad to Go or PBJ |
| 12 <br> Cheese Lasagna Rollup <br> with Dinner Roll <br> Corn <br> Sun Splash Juice Box <br> Mandarin Oranges | 13 Chicken Tenders Oven Fries Broccoli Florets Apple Slices | 14 <br> Wing-Day Wednesday! Vegetarian Baked Beans Cucumber Slices Banana | 15 <br> Bosco Stick with Marinara Sauce cup Romain Salad Green peppers Sidekick Slushy | 16 Teacher Institute Day | NEW <br> WING-DAY <br> WEDNESDAY <br> (boneless) |
|  | 20 <br> Soft Shell Beef Tacos Pico de Gallo salsa Refried Beans Peach cup | 21 <br> Wing-Day Wednesday! <br> Carrot Sticks <br> Celery Sticks <br> Diced Mango Cup | 22 <br> Cheeseburger Oven Fries Baby Carrots Sidekick Slushy | 23 <br> Cheese Pizza <br> Romaine Salad Cherry Tomatoes Pear Cup | Any questions or concerns Please Call |
| 26 <br> Mac and Cheese Dinner Roll Green Beans Paradiese Punch Juice Apple Slices | 27 <br> Mandarin Orange Chicken Fried Rice Steam Vegetables Peach Cup Fortune Cookie | 28 <br> Wing-Day Wednesday! <br> Vegetarian Baked Beans Cucumber Slices Banana | 29 <br> Carnitas Tacos (pulled pork tacos) Guacamole cup Pico de gallo salsa Refried Beans Applesauce Cup |  | 847-973-4220 <br> Menus are subject to change without notice upon availability. |



| sun | mon | Tue | Wod | Thu | Fr | sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | 3 |
|  | 5 | 6 <br> Meeting AMPM <br>  |  | 8 <br> "th Grade Promotion Picture Retakes $8: 30$ *Basketball at Home vs. North Prairie 4:30 *Scholastic Bowl at Woodland 4:30 PTA Meeting 6:00 at LotuS | 9 <br> Tolenttre's Dence and Open cyin 6th-8th Grodes Only |  |
| 11 | 12 <br> *Scholastic Bowl at <br> Antioch Upper Grad | 13 <br> Nippersink 4:00 *Basketball at Home <br> vs. Alden Hebron 4 | $14$ | $\begin{aligned} & 15 \\ & \hline \text { Rasetalal at Emmons } \\ & 430 \end{aligned}$ | 16 <br> Teacher Institute Day No Student Attendanc | 17 |
| 18 | 19 <br> ${ }^{\text {Prositanns's }}$ NO SCHOOL |  | 21 | 22 Womenit | 23 | 24 |
| 25 | 26 $\qquad$ Basketball at Home vs. Emmons 4:30 | 27 <br>  Home vs. Johnsbu 4:15 | 28 | 29 <br> 29 9 ${ }^{2}$ |  |  |

